

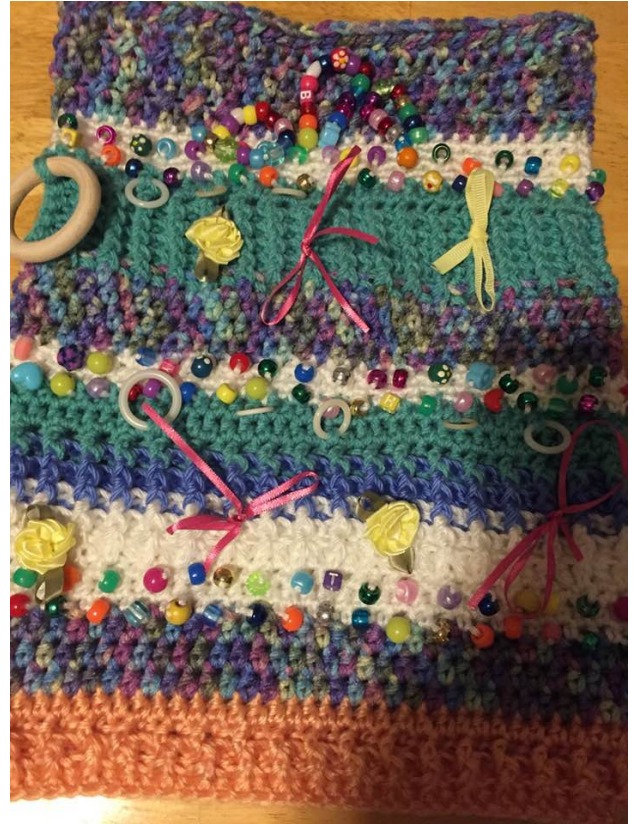


## Crochet Sensory Mitt Pattern

---

*Created by Lori Helmedach*

This Sensory Mitt pattern is designed for those who have Alzheimer's, Dementia, Autism, Traumatic Brain Injury, strokes and many more illnesses where sensory can be an issue. I used only scraps of yarn and where the yarn ends, I attached another color using the Russian join method, you can join with any method you desire. No need to worry about gauge as this item it does not matter at all. I attached items directly in my stitches to prevent items being attached with thread which could break easily. Flowers are sewn on with dental floss. Note: No two mitts are the same and they are not supposed to be the items you attach should be found around your home or you can purchase things such as the round curtain rings seen in the photo. Ribbon is tied on and knotted then bow is double knotted. I hope you enjoy this pattern.



### **Stitches used:**

FPDC- front post double crochet

BPDC- back post double crochet

½ DC- half double crochet

Sc- single Crochet Slst-

slip stitch

Do not turn work this is worked in continuous rounds. Ch at beginning counts as first stitch. At the end of each row will be stitch count in Black for small red for large. This pattern is in 2 sized small and large (large in parenthesis)

Ch.65 (75) join to form circle being careful not to twist.

**Row 1:** ch2, ½ dc around stitch count should be 65 (75)

**Row 2:** ch2 , \*1FPDCin next st.,1 BPDC in next st., repeat from \* to end join to ch. 2 with SLST (65) (75)

**Row 3:** repeat row 2 (65) (75)

**Row 4:** ch2, 1/2dc around join with SLST into ch2. (65) (75)

**Row 5, 6, 7, 8:** repeat row 4 (65) (75)

**Row 9:** I did change of color here to add beads be sure to string beads on your yarn prior to starting this row. Ch 1 SC in same st, slide bead into place work sc with bead, sc, in next st,slide bead into place work next sc around to end (65) (75)

**Row 10:** ch2, HDC around end with SLST into ch2 (65) (75)

**Row 11:** repeat row 9 (65) (75)

**Row 12:** repeat row 10 (65) (75)

**Row 13:** ch2,\* FPDC in stitch, BPDC in next st, repeat from \* around end with SLST in Ch2 (65) (75) ( I added the plastic rings scattered in this row just crochet them in like the beads)

**Row 14, 15, 16:** repeat row 13 (65) (75)

**Row 17, 18, 19:** ch2 HDC around to end join with SLST (65) (75)

**Row 20** ch1 \*sc in stitch, slide bead and do sc in next st, continue from \* around to end join with SLST in ch1 (65) (75)

**Row 21:** ch1 sc around to end SLST to ch1 (65) (75)

**Row 22:** repeat row 20

**Row 23, 24, 25:** ch1,HDC around join with SLST to Ch1 (65) (75)

**Row 26, 27, 28, 29, 30:** ch2,\* FDPC, BPDC, repeat from \* around join with SLST (65) (75)

**Row 31:** ch1 HDC around SLST to ch2 (65) (75)

**Row 32:** repeat row 20 (65) (75) ( In this row I took about 15-20 beads and made a loop of beads prior to one of the sc and sc the bead loop in place I did this 3 random times. This is completely optional thought it added to the piece made)

**Row 33:** repeat row 21 (65) (75)

**Row 34:** repeat row 20 (65) (75)

**Row 35:** repeat row 21 (65) (75)

**Row 36:** ch2, HDC in each stitch around end with SLST in ch 2 (65) (75)

**Row 37:** ch2 skip first stitch DC, now go back to skipped stitch and DC, now skip next open stitch and DC in stitch after and then go back and work DC this will form what looks like an x in your stitch row. If you can't figure this our it is perfectly ok to do the Front post back Post Double crochet as in rows 26 to 30. I only used the stitch for texture. (65) (75)

**Row 38:** ch2 HDC around join with SLST to ch2 (65) (75)

**Row 39:** repeat row 37 (65) (75)

**Row 40:** ch2 ½ Dc around finish off. Now it is time to add flowers where ever you would like as well as tie ribbons in various places.